

AGES 5-16

MONDAY 29 JULY - FRIDAY 23 AUGUST

AERIAL HOOP

Wednesdays
12-16yrs **4pm-4.40pm**
Dynamic Aerial and Pole Fitness, Eastleigh



ARCHERY

Tuesday 6, 13, 20 August
8-16yrs **10.30am-11.30am**
8-16yrs **11.45am-12.45pm**
Hardmoor Sports Ground



Thursday 8, 15, 22 August

8-16yrs **10.30am-11.30am**
8-16yrs **11.45am-12.45pm**
Hardmoor Sports Ground

BADMINTON

Wednesdays
8-11yrs **6pm-7pm**
12-16yrs **7pm-8pm**
Wyvern College



BOCCIA

Friday (2 August)
The Cricket Field, Netley Abbey

Friday (9 August)
Hiltingbury Sports

Friday (16 August)
Pilands Wood Community Centre

Friday (23 August)
Botley Centre

Families **2pm-3pm**



CROSSFIT

Mondays
11-16yrs **3pm-4pm**
CrossFit, Southampton, Eastleigh



DANCEACTIVE

Monday 12 & 19 August
8-14yrs **11am-12pm**
The Point, Eastleigh



Tuesday 13 & 20 August

8-14yrs **11am-12pm**
The Point, Eastleigh

FISHING

Thursday 22 & Friday 23 August
11-16yrs **10am-11am**
11-16yrs **11.30am-12.30pm**
11-16yrs **1.30pm-2.30pm**
Lakeside Country Park



FREE SWIMMING

Monday - Friday
5-16yrs **2.30pm-3.30pm**
Hamble Sports Complex

5-16yrs **3pm-3.45pm**
Places Leisure Eastleigh

5-16yrs **2pm-3pm**
Wildern Leisure Centre



FOOTBALL

Tuesday 30 July
5-7yrs **10am-11am**
8-11yrs **10am-11am**
The Hub, Bishopstoke



Tuesday 6 August
12-13yrs **10am-11am**
14-16yrs **10am-11am**
Botley Recreation Ground

Tuesday 13 August
5-7yrs **10am-11am**
8-11yrs **10am-11am**
Places Leisure Eastleigh

Tuesday 20 August
12-13yrs **10am-11am**
14-16yrs **10am-11am**
The Hub, Bishopstoke

GOLF

Tuesday 30 July, 6, 13 August
5-11yrs **12pm-1pm**
12-16yrs **1.30pm-2.30pm**
East Horton Golf Club



Thursday 1, 8, 15 August
5-11yrs **12pm-1pm**
12-16yrs **1.30pm-2.30pm**
East Horton Golf Club

JUNIOR GYM

Fridays
11-16yrs **12.30pm-1.30pm**
Wildern Leisure Centre



NERF WARZ

Friday 2 August
Station Road Recreation Ground

Friday 9 August
Fryern Recreation Ground



Friday 16 August
Long Lane Recreation Ground

Friday 23 August
Boorley Green Grass Pitches
(6-8yrs) **10.30am-11.30am**
(9-13yrs) **11.45am-12.45pm**

OLYMPIC WEIGHTLIFTING

Tuesday 30 July & 6 August
8-12yrs **4pm-5pm**
13-16yrs **5pm-6pm**
Lakeside Country Park

Thursday 1 & 18 August
8-12yrs **4pm-5pm**
13-16yrs **5pm-6pm**
Lakeside Country Park



NAVIGATE AND EXPLORE (ORIENTEERING)

Tuesday 30 July & 6 August
12-16yrs **2pm-3.30pm**
Itchen Valley Country Park



SAILING

Monday 19 August
Tuesday 20 August
Wednesday 21 August
Thursday 22 August
Friday 23 August

6-10yrs **8.30am-10.30am**
11-16yrs **10.30am-12.30pm**
6-10yrs **1pm-3pm**
11-16yrs **3pm-5pm**
Hamble River Sailing Club



STREET BASKETBALL

Wednesday 31 July & 14 August
8-12yrs **1pm-2pm**
8-12yrs **2pm-3pm**
Moorgreen Basketball Courts, West End (31 July)
Underdown Courts, Hamble (14 Aug)



TENNIS

Wednesdays
5-7yrs **10am-11am**
8-11yrs **11am-12pm**
Wyvern College

Monday (5, 12, 19 August)
5-11yrs **10am-11am**
12-16yrs **11am-12pm**
Woodhouse Lane



SKATEJAM

Monday 29 July
8-16yrs **12pm-4pm**
Freespace, Chandler's Ford



DON'T MISS OUT - BOOK TODAY:
EASTLEIGH.GOV.UK/EASTLEIGHACTIVE

PRICE: £3.50*

*£1 for those in receipt of qualifying benefits